

Week of 6-5-17	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Breakfast</u></p> <p><i>Must include one serving of each of these three items:</i></p> <ul style="list-style-type: none"> • Bread/grain • Fruit/vegetable • Milk 	<p>Bagels W/Cream Cheese</p> <p>Orange Slices</p> <p>Milk</p>	<p>Banana Muffins</p> <p>Pears</p> <p>Milk</p>	<p>Pancakes</p> <p>Blue/Strawberries</p> <p>Milk</p>	<p>Cereal</p> <p>Bananas</p> <p>Milk</p>	<p>Half Day of School</p> <p>Cheese Toast</p> <p>Apple Slices</p> <p>Milk</p>
<p><u>Lunch</u></p> <p><i>Must include one serving of each of these five items:</i></p> <ul style="list-style-type: none"> • Meat or meat alternate (such as eggs, cheese, yogurt, or dry cooked beans) • Bread/grain • Fruit/vegetable • Fruit/Vegetable • Milk 	<p>Sloppy Joes</p> <p>(Bun)</p> <p>Baked Beans</p> <p>Fruit Cocktail</p> <p>Milk</p>	<p>Sombrero Pasta Salad w/Hamburger</p> <p>(Noodles)</p> <p>Tomatoes</p> <p>Peaches</p> <p>Milk</p>	<p>Tater Tot Casserole</p> <p>(Buttered Bread)</p> <p>Tater Tots</p> <p>Corn</p> <p>Milk</p>	<p>Pepperoni Pizza-dilla</p> <p>(Tortilla)</p> <p>Cauliflower</p> <p>Orange Slices</p> <p>Milk</p>	<p>Turkey & Cheese Sandwich</p> <p>(Bread)</p> <p>Pickles</p> <p>Fruit Salad</p> <p>Milk</p>
<p><u>Snack</u></p> <p><i>Must include one serving of two items in the following list:</i></p> <ul style="list-style-type: none"> • Milk • Bread/grain • Fruit/vegetable • Meat or meat alternate (such as eggs, cheese, yogurt, or dry cooked beans) 	<p>Sugar Snap Peas</p> <p>Summer Sausage</p>	<p>Graham Crackers</p> <p>Fruit Juice</p>	<p>Totilla Chips</p> <p>Cheese Sauce</p>	<p>Snack Mix</p> <p>Fruit Juice</p>	<p>Milk</p> <p>Brownies</p>

Water is available at all meals. At breakfast and lunch, it will be available after the milk is served. For snack, if no beverage is listed, water will be offered with the snack.

*Denotes fresh or frozen items.

**Denotes use of whole grain product.

#Denotes Gluten Free

Note about our meats: All beef and poultry are cooked from fresh on-site. Pork, fish and luncheon meat products may be pre-cooked.

Week of 6-12-17	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Breakfast</u></p> <p><i>Must include one serving of each of these three items:</i></p> <ul style="list-style-type: none"> • Bread/grain • Fruit/vegetable • Milk 	<p>English Muffins</p> <p>Orange Slices</p> <p>Milk</p>	<p>Pancakes</p> <p>Blue/Strawberries</p> <p>Milk</p>	<p>National Strawberry Shortcake Day!</p> <p>Cereal</p> <p>Bananas</p> <p>Milk</p>	<p>Cinnamon Sugar Toast</p> <p>Orange Slices</p> <p>Milk</p>	<p>Oatmeal</p> <p>Apples & Craisins</p> <p>Milk</p>
<p><u>Lunch</u></p> <p><i>Must include one serving of each of these five items:</i></p> <ul style="list-style-type: none"> • Meat or meat alternate (such as eggs, cheese, yogurt, or dry cooked beans) • Bread/grain • Fruit/vegetable • Fruit/Vegetable • Milk 	<p>Spanish Rice w/Beef</p> <p>(Rice)</p> <p>Corn</p> <p>Applesauce</p> <p>Milk</p>	<p>Tuna Noodle Casserole</p> <p>(Noodles)</p> <p>Peas</p> <p>Pears</p> <p>Milk</p>	<p>Cheese & Black Bean Quesadillas</p> <p>(Tortilla)</p> <p>Black Beans</p> <p>Peaches</p> <p>Milk</p>	<p>Beef Tips Over Noodles</p> <p>(Noodles)</p> <p>Green Beans</p> <p>Fruit Cocktail</p> <p>Milk</p>	<p>Egg Salad</p> <p>(Bread)</p> <p>Pickles</p> <p>Melon</p> <p>Milk</p>
<p><u>Snack</u></p> <p><i>Must include one serving of two items in the following list:</i></p> <ul style="list-style-type: none"> • Milk • Bread/grain • Fruit/vegetable • Meat or meat alternate (such as eggs, cheese, yogurt, or dry cooked beans) 	<p>Graham Crackers</p> <p>Fruit Juice</p>	<p>Carrots & Celery</p> <p>Cheese</p>	<p>Milk</p> <p>Strawberry Shortcake</p>	<p>Ranch Pretzels</p> <p>Fruit Juice</p>	<p>Milk</p> <p>Chocolate Chip Cookie Bars</p>

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Week of 6-19-17	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Breakfast</u></p> <p><i>Must include one serving of each of these three items:</i></p> <ul style="list-style-type: none"> • Bread/grain • Fruit/vegetable • Milk 	<p>Cheese Toast</p> <p>Orange Slices</p> <p>Milk</p>	<p>Cherry Coffee Cake</p> <p>Pears</p> <p>Milk</p>	<p>Cereal</p> <p>Apple & Orange Slices</p> <p>Milk</p>	<p>National Chocolate Éclair Day!</p> <p>Pancakes</p> <p>Blue/Strawberries</p> <p>Milk</p>	<p>Bagels w/Cream Cheese</p> <p>Apple Slices</p> <p>Milk</p>
<p><u>Lunch</u></p> <p><i>Must include one serving of each of these five items:</i></p> <ul style="list-style-type: none"> • Meat or meat alternate (such as eggs, cheese, yogurt, or dry cooked beans) • Bread/grain • Fruit/vegetable • Fruit/Vegetable • Milk 	<p>Taco Spaghetti</p> <p>(Noodles)</p> <p>Tomatoes</p> <p>Fruit Cocktail</p> <p>Milk</p>	<p>Rice-a-Roni Pizza w/ Pepperoni</p> <p>(Rice)</p> <p>Corn</p> <p>Applesauce</p> <p>Milk</p>	<p>Ham and Cheese Wrap</p> <p>(Tortilla)</p> <p>Cucumbers</p> <p>Peaches</p> <p>Milk</p>	<p>Cheese Sandwich</p> <p>(Bread)</p> <p>Carrots</p> <p>Bananas</p> <p>Milk</p>	<p>Chicken Ranch Pasta Salad</p> <p>(Noodles)</p> <p>Peas</p> <p>Grapes</p> <p>Milk</p>
<p><u>Snack</u></p> <p><i>Must include one serving of two items in the following list:</i></p> <ul style="list-style-type: none"> • Milk • Bread/grain • Fruit/vegetable • Meat or meat alternate (such as eggs, cheese, yogurt, or dry cooked beans) 	<p>Ranch Oyster Crackers</p> <p>Fruit Juice</p>	<p>Broccoli</p> <p>Cheese</p>	<p>Snack mix</p> <p>Fruit Juice</p>	<p>Milk</p> <p>Chocolate Éclair Dessert</p>	<p>Animal Crackers</p> <p>Bananas</p>

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Note about our meats: All beef and poultry are cooked from fresh on-site. Pork, fish and luncheon meat products may be pre-cooked.

Week of 6-26-17	Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Breakfast</u></p> <p><i>Must include one serving of each of these three items:</i></p> <ul style="list-style-type: none"> • <i>Bread/grain</i> • <i>Fruit/vegetable</i> • <i>Milk</i> 	<p>English Muffin w/Jelly</p> <p>Orange Slices</p> <p>Milk</p>	<p>Chocolate Chip Pancakes</p> <p>Strawberries</p> <p>Milk</p>	<p>Blueberry Muffins</p> <p>Bananas</p> <p>Milk</p>	<p>Cereal</p> <p>Apple Slices</p> <p>Milk</p>	<p>Cinnamon Sugar Toast</p> <p>Orange Slices</p> <p>Milk</p>
<p><u>Lunch</u></p> <p><i>Must include one serving of each of these five items:</i></p> <ul style="list-style-type: none"> • <i>Meat or meat alternate (such as eggs, cheese, yogurt, or dry cooked beans)</i> • <i>Bread/grain</i> • <i>Fruit/vegetable</i> • <i>Fruit/Vegetable</i> • <i>Milk</i> 	<p>Tuna Melt w/Cheese</p> <p>(Bread)</p> <p>Pickles</p> <p>Fruit Cocktail</p> <p>Milk</p>	<p>Beef Tacos</p> <p>(Tortilla)</p> <p>Corn</p> <p>Apple Slices</p> <p>Milk</p>	<p>Macaroni & Cheese</p> <p>(Noodles)</p> <p>Peas</p> <p>Pears</p> <p>Milk</p>	<p>Cheeseburger Casserole w/Beef & Tomatoes</p> <p>(Noodles)</p> <p>(Tomatoes)</p> <p>Peaches</p> <p>Milk</p>	<p>BBQ Chicken Sliders</p> <p>(Sweet Rolls)</p> <p>Green Beans</p> <p>Pineapple</p> <p>Milk</p>
<p><u>Snack</u></p> <p><i>Must include one serving of two items in the following list:</i></p> <ul style="list-style-type: none"> • <i>Milk</i> • <i>Bread/grain</i> • <i>Fruit/vegetable</i> • <i>Meat or meat alternate (such as eggs, cheese, yogurt, or dry cooked beans)</i> 	<p>Graham Crackers</p> <p>Fruit Juicre</p>	<p>Peaches</p> <p>Cottage Cheese</p>	<p>Cheerios</p> <p>Applesauce</p>	<p>Milk</p> <p>White Chocolate Cranberry Cookies</p>	<p>Carrots & Cucumbers</p> <p>Summer Sausage</p>

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